



Stoney Creek Running Club 2010 Application

The Stoney Creek Running Club is a group of diverse men and women who choose to train and socialize together. We are a family oriented club and encourage youth participation in our events.

All members receive a monthly newsletter with a schedule of club events and race updates. As a member you also receive special discounts at local running stores and businesses. We also meet as a group to train for and race major events such as the Crim, Detroit Marathon, etc. and often follow up with a post race party.

Year-round club runs are scheduled on Saturdays and Sundays with many members running together on Tuesdays and Thursdays. Fast or slow, all runners and walkers are welcome to share the fun.

Spring, summer and fall training sessions are led by nationally recognized running coaches, and are held on Tuesdays in Sterling Heights. Runners of all levels are encouraged to participate and individual's abilities are factored into the training. These sessions culminate with the Detroit Marathon.

Volunteerism is encouraged and appreciated. We assist with the finish line in the Race for the Cure, sponsor a water station at the Detroit Marathon, run a children's run each summer and participate in the Spring Stony Creek Clean-up.

Annual dues January-December 2010 **Individual \$20.00 Family \$25.00**

New member dues submitted after September 1st, 2010 \$10.00 Individual \$15.00 Family

Make check payable to:
Stoney Creek Running Club * 51194 Romeo Plank Road, #204 * Macomb, MI 48042

Payment available on-line www.StoneyCreekRunningClub.org Note: Service provider will charge a processing fee

Please Print New Member _____ Renewal _____

Last Name _____ First _____ Spouse _____

Address _____ City _____ State ____ Zip _____

Phone _____ E-Mail _____

Gender _____ Date of Birth ____/____/____ Spouse Date of Birth ____/____/____

Wicking Short Sleeve Shirt (unisex)	\$13.50	Qty (____)	S__	M__	L__	XL__
Wicking Long Sleeve Shirt (unisex)	\$15.00	Qty (____)	S__	M__	L__	XL__
Singlet (M) (F) (circle gender)	\$13.50	Qty (____)	S__	M__	L__	XL__

INITIAL HERE IF YOU DO NOT WANT YOUR NAME/ADDRESS/PHONE NUMBER/E-MAIL ADDRESS INCLUDED IN THE MEMBERSHIP LIST PROVIDED TO ALL MEMBERS EACH JUNE. DO NOT INCLUDE MY DATA: _____

Club Membership Application Waiver: I know that running and volunteering are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a club official relative to my ability to safely participate. I assume all risks associated with running and volunteering to work in club activities including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity; knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, The Stoney Creek Running Club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club events even through that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: _____ Date: _____

Parent's Signature if under 18 years _____