



Stoney Creek Running Club 2008 Application

The Stoney Creek Running Club is a group of diverse and interesting men and women who choose to train and socialize together. We are a family oriented club and encourage youth participation in our events. All members receive a monthly newsletter with a schedule of club events and race updates. As a member you also receive special discounts at local running stores and related businesses. Our annual meeting (all members) occurs each December.

Members often meet as a group to train for and race major events such as the Crim, Detroit Marathon, etc. and often follow up with a post race party.

Year-round club runs are scheduled on Saturdays and Sundays with many members running together on Tuesdays and Thursdays. Fast or slow, all runners and walkers are welcome to share the fun. During the long cold Michigan winters members really depend on each other for support.

Spring, summer and fall training sessions are led by nationally recognized running coaches, are held on Tuesdays in Sterling Heights. Runners of all levels are encouraged to participate and the individual's abilities are factored into the training. These sessions culminate with the Detroit Marathon.

Volunteerism is encouraged and appreciated. We assist with the finish line in the Race for the Cure; sponsor a water station at the Detroit Marathon; run a children's run each summer and participate in the Spring Stoney Creek Clean-up.

Make check payable to :

Stoney Creek Running Club * 51194 Romeo Plank Road #204 * Macomb, MI 48042

Please Print

Last Name _____ First _____

Gender _____ Date of Birth ____/____/____ Phone _____

E-mail _____

Address _____

City _____ State _____ Zip _____

Spouse's Name _____ Spouse's Date of Birth ____/____/____

Annual Dues: Individual \$20.00 Family \$25.00

Wicking Short Sleeve Shirt (unisex) or Singlet (M) (F) (circle type and gender) \$13.50 Qty () S__ M__ L__
Wicking Long Sleeve Shirt (unisex) \$15.00 Qty () S__ M__ L__

INITIAL HERE IF YOU DO NOT WANT YOUR NAME/ADDRESS/PHONE NUMBER/E-MAIL ADDRESS INCLUDED IN THE MEMBERSHIP LIST PROVIDED TO ALL MEMBERS EACH JUNE. DO NOT INCLUDE MY DATA: _____

Club Membership Application Waiver: I know that running and volunteering are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a club official relative to my ability to safely participate. I assume all risks associated with running and volunteering to work in club activities including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity; knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waiver and release the Road Runners Club of America, The Stoney Creek Running Club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club events even through that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: _____ Date: _____
Parent's Signature if under 18 years _____