





April 2008

Stoney Creek Running Club Group Run Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <u>6:00 PM</u> Stoney Creek (Boat Launch) <u>6:30 PM</u> Hansons Grosse Pointe	2	3 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	4	5 <u>8:00 AM</u> Stoney Creek (Boat Launch)
6 <u>8:00 AM</u> Stoney Creek (Boat Launch) <i>Bagel Day</i>	7	8 <u>6:00 PM</u> Stoney Creek (Boat Launch) <u>6:30 PM</u> Hansons Grosse Pointe	9	10 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	11	12 <u>8:00 AM</u> Stoney Creek (Boat Launch)
13 <u>8:00 AM</u> Paint Creek Cider Mill	14	15 <u>6:00 PM</u> Stoney Creek (Boat Launch) <u>6:30 PM</u> Hansons Grosse Pointe	16	17 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	18	19 <u>9:00 AM</u> Stoney Creek Clean-Up Day
20 <u>8:00 AM</u> Paint Creek (Duck Pond)	21	22 <i>Earth Day</i> <u>6:00 PM</u> Stoney Creek (Boat Launch) <u>6:30 PM</u> Hansons Grosse Pointe	23	24 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	25	26 <u>8:00 AM</u> Stoney Creek (Boat Launch)
27 <u>8:00 AM</u> Hansons Lake Orion	28	29 <u>6:00 PM</u> Stoney Creek (Boat Launch) <u>6:30 PM</u> Hansons Grosse Pointe	30			



May 2008



Stoney Creek Running Club Group Run Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 <u>8:00 AM</u> Stony Creek (Boat Launch)
4 <u>8:00 AM</u> Stony Creek (Boat Launch) <i><u>Bagel Day</u></i>	5	6 <u>6:30 PM</u> Speed Training Dodge Park	7 <u>7:00 PM</u> <i>Board Meeting- Pat Roche's</i>	8 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	9	10 <u>8:00 AM</u> Stony Creek (Boat Launch)
11 <u>8:00 AM</u> Hart Middle School	12	13 <u>6:30 PM</u> Speed Training Dodge Park	14 <u>6:30 PM</u> <i><u>Prediction Run</u></i> Stony Creek (Boat Launch)	15 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	16	17 <u>8:00 AM</u> Stony Creek (Boat Launch)
18 <u>8:00 AM</u> Paint Creek (Duck Pond)	19	20 <u>6:30 PM</u> Speed Training Dodge Park	21	22 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	23	24 <u>8:00 AM</u> Stony Creek (Boat Launch)
25 <u>8:00 AM</u> Hansons Lake Orion	26 <i>Memorial Day</i> 	27 <u>6:30 PM</u> Speed Training Dodge Park	28	29 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	30	31 <u>8:00 AM</u> <i>Race for the Cure</i>



June 2008

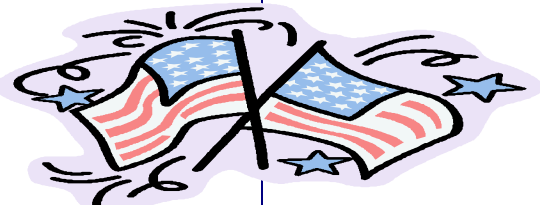
Stoney Creek Running Club Group Run Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <u>8:00 AM</u> Stony Creek (Boat Launch) <i><u>Bagel Day</u></i>	2	3 <u>6:30 PM</u> Speed Training Dodge Park	4	5 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	6	7 <u>8:00 AM</u> Hansons-Lake Orion <i>National Trails Day</i>
8 <u>8:00 AM</u> Stony Creek (Boat Launch)	9	10 <u>6:30 PM</u> Speed Training Dodge Park	11	12 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	13	14 <u>8:00 AM</u> Stony Creek (Boat Launch)
15 <u>8:00 AM</u> Hart Middle School	16	17 <u>6:30 PM</u> Speed Training Dodge Park	18	19 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	20	21 <u>8:00 AM</u> Stony Creek (Boat Launch)
22 <u>8:00 AM</u> Paint Creek (Duck Pond)	23	24 <u>6:30 PM</u> Speed Training Dodge Park	25	26 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	27	28 <u>8:00 AM</u> Stony Creek (Boat Launch)
29 <u>8:00 AM</u> Hansons Lake Orion	30					



July 2008

Stoney Creek Running Club Group Run Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <u>6:30 PM</u> Speed Training Dodge Park	2	3	4 <i>Independence Day</i> 	5 <u>8:00 AM</u> Stony Creek (Boat Launch)
6 <u>8:00 AM</u> Stony Creek (Boat Launch)	7	8 <u>6:30 PM</u> Speed Training Dodge Park	9 <u>7:00 PM</u> <i>Board Meeting-</i> <i>Pat Roche's</i>	10 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	11	12 <u>8:00 AM</u> Stony Creek (Boat Launch)
13 <u>8:00 AM</u> Hart Middle School	14	15 <u>6:30 PM</u> Speed Training Dodge Park	16 <u>6:30 PM</u> <i>Kids Run</i> <i>Stony Creek</i>	17 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	18	19 <u>8:00 AM</u> Stony Creek (Boat Launch)
20 <u>8:00 AM</u> Paint Creek (Duck Pond)	21	22 <u>6:30 PM</u> Speed Training Dodge Park	23	24 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	25	26 <u>8:00 AM</u> Stony Creek (Boat Launch)
27 <u>8:00 AM</u> Hansons Lake Orion	28	29 <u>6:30 PM</u> Speed Training Dodge Park	30	31 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak		



August 2008



Stoney Creek Running Club Group Run Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31 <u>8:00 AM</u> Hansons Lake Orion & 16 Mile Training Run					1	2 <u>8:00 AM</u> Stony Creek (Boat Launch)
3 <u>8:00 AM</u> Stony Creek (Boat Launch)	4	5 <u>6:30 PM</u> Speed Training Dodge Park	6	7 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	8	9 <u>8:00 AM</u> Stony Creek (Boat Launch)
10 <u>8:00 AM</u> Hart Middle School	11	12 <u>6:30 PM</u> Speed Training Dodge Park	13	14 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	15	16 <u>8:00 AM</u> Stony Creek (Boat Launch) <u>8:00 AM</u> -SC Relay
17 <u>8:00 AM</u> Paint Creek (Duck Pond)	18	19 <u>6:30 PM</u> Speed Training Dodge Park	20	21 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	22	23 <u>8:00 AM</u> <i>Crim</i> <u>5:00 PM</u> <i>Post Race Party</i>
24 <u>8:00 AM</u> Paint Creek Cider Mill	25	26 <u>6:30 PM</u> Speed Training Dodge Park	27	28 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	29	30 <u>8:00 AM</u> Stony Creek (Boat Launch)



September 2008

Stoney Creek Running Club Group Run Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Labor Day</i> 	2 <u>6:30 PM</u> Speed Training Dodge Park	3	4 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	5	6 <u>8:00 AM</u> Stony Creek (Boat Launch)
7 <u>8:00 AM</u> Stony Creek (Boat Launch)	8	9 <u>6:30 PM</u> Speed Training Dodge Park	10 <u>7:00 PM</u> <i>Board Meeting- Pat Roche's</i>	11 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	12	13 <u>8:00 AM</u> Stony Creek (Boat Launch)
14 <u>8:00 AM</u> Hart Middle School <u>8:00 AM-Hansons</u> Royal Oak-16 Mile	15	16 <u>6:30 PM</u> Speed Training Dodge Park	17 <u>6:30 PM</u> <i>Prediction Run</i>	18 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	19	20 <u>8:00 AM</u> Stony Creek (Boat Launch)
21 <u>8:00 AM</u> <i>Brooksie Training Run</i>	22	23 <u>6:30 PM</u> Speed Training Dodge Park	24	25 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	26	27 <u>8:00 AM</u> Stony Creek (Boat Launch)
28 <u>8:00 AM</u> Hansons Lake Orion	29	30 <u>6:30 PM</u> Speed Training Dodge Park				



October 2008




Stoney Creek Running Club Group Run Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 <u>8:00 AM</u> Stony Creek (Boat Launch)
5 <u>8:00 AM</u> Brooksie Half-Marathon	6	7 <u>6:30 PM</u> Speed Training Dodge Park	8 <u>7:00 PM</u> <i>Board Meeting- Pat Roche's</i>	9 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	10	11 <u>8:00 AM</u> Stony Creek (Boat Launch)
12 <u>8:00 AM</u> Stony Creek (Boat Launch) <i>Bagel Sunday</i>	13	14 <u>6:30 PM</u> Speed Training Dodge Park	15	16 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	17	18 <u>8:00 AM</u> Stony Creek (Boat Launch)
19 <u>8:00 AM</u> Detroit Free Press Marathon	20	21 <u>6:00 PM</u> Stony Creek (Boat Launch) <u>6:30 PM</u> Hansons Grosse Pointe	22	23 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	24	25 <u>8:00 AM</u> –Stony Creek- (Boat Launch) <u>7:00 PM</u> -Halloween Party-Dr.Mike's
26 <u>8:00 AM</u> Hansons Lake Orion	27	28 <u>6:00 PM</u> Stony Creek (Boat Launch) <u>6:30 PM</u> Hansons Grosse Pointe	29	30 <u>6:00 PM</u> Paint Creek (Duck Pond) <u>6:30 PM</u> Hansons Royal Oak	31 	



November 2008

Stoney Creek Running Club Group Run Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 <u>8:00 AM</u> Hansons Lake Orion						1 <u>8:00 AM</u> Stony Creek (Boat Launch)
2 Daylight Savings Time Ends <u>8:00 AM</u> Stony Creek (Boat Launch)	3	4 <u>6:00 PM</u> Stony Creek (Boat Launch) <u>6:30 PM</u> Hansons Grosse Pointe	5	6 <u>6:00 PM</u> Stony Creek (Boat Launch) <u>6:30 PM</u> Hansons Royal Oak	7	8 <u>8:00 AM</u> Stony Creek (Boat Launch)
9 <u>8:00 AM</u> Hart Middle School	10	11 <u>6:00 PM</u> Stony Creek (Boat Launch) <u>6:30 PM</u> Hansons Grosse Pointe	12	13 <u>6:00 PM</u> Stony Creek (Boat Launch) <u>6:30 PM</u> Hansons Royal Oak	14	15 <u>8:00 AM</u> Stony Creek (Boat Launch)
16 <u>8:00 AM</u> Paint Creek (Duck Pond)	17	18 <u>6:00 PM</u> Stony Creek (Boat Launch) <u>6:30 PM</u> Hansons Grosse Pointe	19	20 <u>6:00 PM</u> Stony Creek (Boat Launch) <u>6:30 PM</u> Hansons Royal Oak	21	22 <u>8:00 AM</u> Stony Creek (Boat Launch)
23 <u>8:00 AM</u> Paint Creek Cider Mill	24	25 <u>6:00 PM</u> Stony Creek (Boat Launch) <u>6:30 PM</u> Hansons Grosse Pointe	26	27 Thanksgiving Day 	28	29 <u>8:00 AM</u> Stony Creek (Boat Launch)



December 2008

Stoney Creek Running Club Group Run Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 <u>6:00 PM</u> Stoney Creek (Boat Launch) <u>6:30 PM</u> Hansons Grosse Pointe	3	4 <u>6:00 PM</u> Stoney Creek (Boat Launch) <u>6:30 PM</u> Hansons Royal Oak	5 <u>7:00 PM</u> <i>Annual Meeting</i>	6 <u>8:00 AM</u> Stoney Creek (Boat Launch)
7 <u>8:00 AM</u> Stoney Creek (Boat Launch) <i>Bagel Day</i>	8	9 <u>6:00 PM</u> Stoney Creek (Boat Launch) <u>6:30 PM</u> Hansons Grosse Pointe-Lights	10	11 <u>6:00 PM</u> Stoney Creek (Boat Launch) <u>6:30 PM</u> Hansons Royal Oak	12	13 <u>8:00 AM</u> Stoney Creek (Boat Launch)
14 <u>8:00 AM</u> Hart Middle School	15	16 <u>6:00 PM</u> Stoney Creek (Boat Launch) <u>6:30 PM</u> Hansons Grosse Pointe	17	18 <u>6:00 PM</u> Stoney Creek (Boat Launch) <u>6:30 PM</u> Hansons Royal Oak	19	20 <u>8:00 AM</u> Stoney Creek (Boat Launch)
21 <u>8:00 AM</u> Paint Creek (Duck Pond)	22 <i>Happy Hanukkah</i> 	23 <u>6:00 PM</u> Stoney Creek (Boat Launch) <u>6:30 PM</u> Hansons Grosse Pointe	24	25 <i>Merry Christmas</i> 	26	27 <u>8:00 AM</u> Stoney Creek (Boat Launch)
28 <u>8:00 AM</u> Hansons Lake Orion	29	30 <u>6:00 PM</u> Stoney Creek (Boat Launch) <u>6:30 PM</u> Hansons Grosse Pointe	31			